



“Trust in the slow work of God.”

Pierre Teilhard de Chardin
Theologian
(1881-1955)

This is the time of year when many people make resolutions for changes they want in their lives. Unfortunately, several studies affirm that only a very small percentage keep to these resolutions. One factor that may account for the attrition is our impatience toward change. Jesuit priest, theologian, and scientist Teilhard de Chardin, offers this reflection for a new insight toward holding on to those resolutions:

Trust in the Slow Work of God

Above all, trust in the slow work of God.
We are quite naturally impatient in everything to reach the end without delay.
We should like to skip the intermediate stages. We are impatient of being on the way
to something unknown, something new.

And yet it is the law of all progress, that it is made by passing through some stages of instability, and that it may
take a very long time.

And so I think it is with you

Your ideas mature gradually. Let them grow.
Let them shape themselves, without undue haste.
Don't try to force them on
as though you could be today what time (that is to say, grace and circumstances
acting on your own good) will make you tomorrow.

Only God could say what this new spirit gradually forming within you will be.

Give our Lord the benefit of believing that his hand is leading you and accept the anxiety of feeling yourself in
suspense and incomplete.