



“We can only be said to be alive in those moments when our hearts are conscious of our treasures.”

Thornton Wilder
Playwright
(1897-1975)

We all have things in our lives that we cherish. They may be memories, relationships, or an item or artifact that we consider important. Even though we have them, sometimes we don't always recognize or honor that which we treasure. Some treasures we stow away for safekeeping, or in our busyness, we don't pay attention to them. Like a piece of silver that can tarnish, we have to pay attention to the things we hold important. Relationships need to be nourished and we do this by spending quality time with each other.

We awaken each day, which is a treasure unto itself, to new opportunities and experiences that feed our hearts and souls. We should look around us and call to mind those things that we consider treasured. Enjoy the memories that you consider important and if you treasure a person, make time for them through your thoughts, prayers, and your presence.

Whatever it is, think about those things throughout your day.