



“No man becomes great on his own. No woman becomes great on her own. The people around them help to make them great. We all need people in our lives who raise our standards, remind us of our essential purpose, and challenge us to become the best version of ourselves.”

Matthew Kelly  
Motivational Speaker  
(b. 1973)

Think back on someone who had a big impact on your life.

If we are lucky, there are many people who come to mind, that because we knew them, we are better. It could be a parent, a teacher, a pastor, a relative, or a stranger who extended kindness to us in a time of need. Humans are relational, living in the world together and without these relationships, we slowly lose our meaning to live. Relationships define us, give us cause to live and help us become who we are meant to be. Having positive role models in our lives help us become good citizens.

The phrase “no man is an island” means that no one is truly self-sufficient, everyone must rely on the company and comfort of others in order to thrive. In our work, we rely on each other to help us make the healing presence of God known in our world. The work of healing requires each of us doing our part from cleaning the floors to diagnosing an illness. It takes each of us working together to become greater versions of ourselves.