



“The man of faith, of energy, of warmth... steps in and does something.”

Vincent Van Gogh  
Painter  
(1853-1890)

In this line from an 1884 letter to his brother Theo, Vincent van Gogh expresses the necessity of action. He suggests that in order to begin – whether it be a fresh painting, a new goal, or a sudden challenge – we must overcome our fear and hesitation, and simply do. “Many painters are afraid of the blank canvas,” the artist wrote, “but the blank canvas is afraid of the truly passionate painter who dares – and who has once broken the spell of ‘you can’t.’”

Whether we are starting a new job or new role in the ministry, it can be met with trepidation, a questioning of “can I do this” or even “I can’t do this”. Many people remain stagnant and unfulfilled because they believe they are not capable of doing something different or greater. Inaction results in apathy, regret, and confusion as well as lack of creativity. But action can bring about a life of fulfillment. Nike’s tagline of “Just do it” is a call to action. What are your dreams and aspirations? Have faith and take the first step in doing something! **You’ve got this!**