



“Who are you looking for?”

Jesus
The Gospel of John 20:15

“Who are you looking for?” is the question Jesus asks a weeping Mary Magdalene when she finds Jesus’ tomb empty. At first Mary thinks Jesus is a gardener, then recognizes him as the risen Jesus. The rest of the resurrection story unfolds from this point to the rest of the world.

This exchange happens with all of us in a slightly different way during our life journey. We often ask ourselves, “What am I looking for?” Success? Power? Fame? Happiness? Love? Peace? Calm? Healing? The possible answers are in the thousands, and often situation dependent.

It is in our human nature to seek. We seek at many levels: material, nutritional, emotional, relational and spiritual.

Springtime and Easter are seasons of rebirth, more sunlight, less darkness, nature blooming, spectacular visuals, vistas, etc. It is a great time to reflect on what we seek, what are our goals, where is hope?

I encourage you to take time this Easter week to explore what (or who) you are looking for. Maybe like Mary, what you are looking for is right in front of you, you just haven’t recognized it yet or haven’t nurtured it. Whether it’s material, emotional, relational or spiritual, it may be within your perception and grasp right now. To discover it you must begin by seeking.

What am I looking for in my life today, this week?

Is what I am looking for already present in my life?