



“When we seek to discover the best in others, we somehow bring out the best in ourselves.”

William Arthur Ward
Writer
(1921-1994)

Think about a person you love and the qualities you love about them. It is pretty easy, right? You can probably write a long list of qualities that come to mind. Now think about how much you have improved as a person in the time that you have known them.

We are all shaped by the people around us. When we love someone, we focus on the qualities we love about them. We choose to focus on the good, despite their shortcomings. And after a while, their best qualities transform us by inspiring us to be better.

Imagine how much more we can be transformed if we focus on the best qualities of everyone we encounter. We interact with people of different backgrounds every day, and it is not always easy to discover their best. Yet these moments also shape us.

We do not need to agree with one another to see the best in each other. The more we get into the habit of seeking the best in others, the easier it will get. And as we develop this practice, we will build stronger connections with those around us.

What are the best qualities in your colleagues?