

TeleMAT

Addiction treatment/medication assisted treatment (MAT)

CommonSpirit Health (CSH) is committed to providing life-saving, compassionate, evidence-based treatment to patients with addiction.

CSH is excited to announce a clinical partnership with BrightHeart Health (BHH) to provide complementary, low-threshold telehealth Medication-Assisted Treatment (TeleMAT) for patients with opioid use disorder (OUD), including the prescription of buprenorphine.

- A **no cost to the provider, easy to implement** solution to increase access to MAT care;
- Available in both the **inpatient and outpatient** setting, including the emergency room;
- An **evidence-based** clinical practice that includes access to an interdisciplinary care team, medication management, behavioral therapy, and a **harm reduction** approach;
- A **complementary** clinical service that **does not** replace CSH MAT providers but rather serves as an additional, supportive service when access is limited or patients need a low-threshold bridge to MAT care;
- A high-value and easy to scale solution for many clinics and providers, especially:
 - Rural or remote clinics,
 - Clinics with no or few MAT x-waivered providers,
 - Clinics with limited community treatment providers or referral options,
 - Providers with long waitlists for MAT care;
 - Hospitals discharging and bridging patients with OUD to community providers.



Referral

Candidate OUD patients, identified by CSH providers, can be referred directly to BHH for TeleMAT.



Intake Appointment

BHH will provide an intake appointment within 5 hours of referral from a CSH clinical site. Patients will be engaged in care and providers will start to develop a care plan. This may be completed using BHH provided tablets for a near on-demand patient-provider video appointment.



Initial Clinical Evaluation

BHH will then follow-up with a full clinical evaluation within 24 hours of referral. This will include prescription for MAT, when clinically indicated, and start of behavioral therapy.



Provider Communication

BHH will provide follow-up communication and referral communication back to the referring CSH provider and/or the patient's attributable primary care provider, to help close the loop and assure continuity of care.